ONLINE INSTRUCTIONS FOR BEGINNERS & SENIORS

www.aarptek.org
 They offer technology learning events on tablets or smartphones.

www.alison.com
Online platform specializing in computer literacy courses.

www.Free-online-training-courses.com
Offers a complete Basic Computer Skills course.

www.GCFLearnFree.org
Offer technology lessons and instructional videos at your own pace.

www.getsetup.io
A place for active older adults to learn, connect and share with peers.

www.homeandlearn.co.uk/
Access to hundreds of tutorials and lessons aimed at beginners.

www.learn2type.com
Learn to type with free online typing lessons.

www.linkedinlearning.com
Online educational platform. (Fee-libraries have subscription).

www.meganga.com
Online video courses designed for seniors and beginners.

www.teachanolddognewtricks.com/
Take over 40 hours of free computer training.

www.seniornet.org
Offers basic online computer courses geared at seniors. There is a membership fee of $43 for the first year.

www.skillfulsenior.com
Learn the basics about how to use your mouse and keyboard.

www.techboomers.com
Specializes in free online courses for seniors.

www.Udemy.com
Online courses are typically not free but are very reasonably priced.

TECHNOLOGY RESOURCES FOR BEGINNERS & SENIORS

 Visit **www.northcookjobcenter.com** for Free Computer Webinars, Workshops and the *7 Smart Strategies* Workshop hosted by AARP. Click **Events** for Schedules and Registration. Also, Click Job Seeker, Scroll to Services & Resources for other Job Readiness Resources.

Business and Career Services, Inc.

ILLINOIS workNet CENTER
americanjobcenter

A Sample of Programs, Services, Workshops & Computer Classes for Beginners & Seniors in the North & Northwest Chicagoland Area

Arlington Heights Library
500 N. Dunton Ave. Arlington Heights, IL 60004
Phone: 847.392.0100 **Website:** www.ahml.info
Technology Classes: iPad & iPhone Basics, Windows 10

Arlington Heights Senior Center
1801 W. Central Rd. Arlington Heights
Phone: 847.253.5532 **Website:** www.vah.com
Computer Classes: Email, Google Calendar, Internet

Hanover Township (Senior Center) Club 59
240 S Illinois, Route 59, Bartlett, IL 60103
Phone: 630.483.5600 **Website:** www.hanover-township.org
Enrichment Programs: Computer Classes, Exercise, Art classes

Des Plaines Frisbie Senior Center
52 E. Northwest Hwy. Des Plaines, IL 60016
Phone: 847.768.5944 **Website:** www.frisbieseniorcenter.org
Technology Classes: Intro to Computer Classes & iPhone

Gail Borden Library
270 N. Grove Ave. Elgin, IL 60120
Phone: 847.742.2411 **Website:** www.gailborden.info
Technology Classes: Computers 101 series, Build your own PC series, Device Maintenance, Cybersecurity, Windows 10

Palatine Library
700 N. North Court, Palatine, IL 60067
Phone: 847.358.5881 **Website:** www.palatinelibrary.org
Classes: Computer 101, Managing passwords, Sell your stuff online

Rolling Meadows Library
3110 Martin Lane. Rolling Meadows, IL 60008
Phone: 847.259.6050 **Website:** www.rmlib.org
Classes: Basic Computer Classes

Schaumburg Township Library
130 S. Roselle Rd. Schaumburg, IL 60193
Phone: 847.923.3386 **Website:** www.schaumburgibrary.org
Computer Classes: Senior classes are conducted at a slightly slower pace to allow plenty of time for questions and assistance.

Poplar Creek Public Library
1405 S. Park Ave. Streamwood, IL 60107
Phone: 630.837.6800 **Website:** www.pclib.org
Classes: Intro to virtual reality for seniors, Borrow a laptop, for in-house use only.

Wheeling Library- Indian Trails
355 Schoenbeck Rd, Wheeling, IL 60090
Phone: 847.459.4100 **Website:** www.indiantrailslibrary.org
Services: Basic tablet, Basic social networks, help with software such as WordPress, GarageBand, iMovie and Adobe Photoshop and Book-A-Maker.

Wheeling Township
1616 N. Arlington Heights Rd. Arlington Heights, IL 60004
Phone: 847.259.7743 **Website:** www.wheelingtownship.com
Senior Services: Educational Forums, AARP Driver Safety Program, Income tax assistance, Handyman Service Directory

Senior Helpline
The Help Line can help you locate services in your community, answer questions, and provide you with information.
Phone: 800.252.8966
Website: https://www.illinois.gov/aging/Resources/Pages/helpline-main.aspx

For other Communities, check your local Library for Current Events, Workshops, and Computer Classes for Beginners & Seniors.

Note: We appreciate any helpful information. If you find out some of this information has changed, please contact us for corrections or additions at contact@bcsillinois.org
Business and Career Services, Inc. North Suburban Cook County American Job Center, 1400 S. Wolf Rd., Suite 200, Wheeling, IL 60090